

Orientation

Consultation

- Video
- Meet surgeons
- Individual history and physical examination
- Set up tentative time for surgery
- Set up medical work-up

Orientation

Consultation

Nutrition Class

- Reiterate proper nutrition
- Principles of post gastric bypass nutrition
- Practice assignments

Orientation

 Meet with the psychologist for a psychological evaluation. Consultation

Nutrition Class

Psychological Evaluation

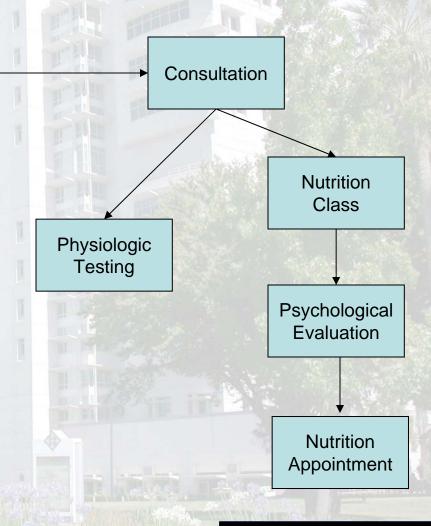
Orientation

- Meet with the dietician
- Nutrition test
- Food records for 2 weeks
- Choice of protein and other supplements
- Exercise program

Consultation **Nutrition** Class Psychological **Evaluation Nutrition Appointment**

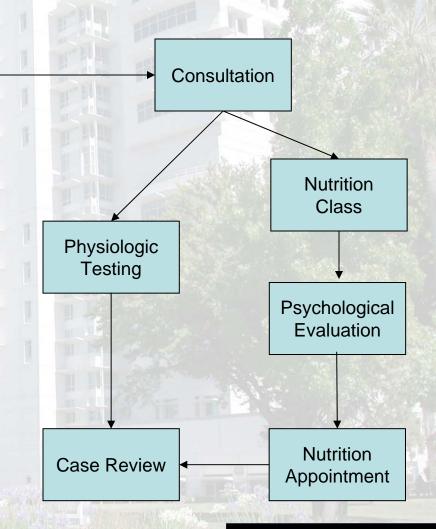
Orientation

- Blood work
- Testing for co-morbidities
- General health screening
- Determination of operative risk



Orientation

- Multi-disciplinary
- Weekly
- Determination if predictors of success have been met



THE PROCESS Orientation Consultation **Nutrition** Class No operation before patient is totally ready Physiologic Testing Psychological **Evaluation Further Evaluation Nutrition** Case Review **Appointment** Surgery UCDAVIS HEALTH SYSTEM