

The BurnNet News

BurnNet Survivors Support Group on ZOOM

Thursday, April 7th, 7:00-8:30pm

and Thursday, April 21st, 11:30am-12:30pm

While we are all following the guidelines for physical distancing as recommended, this is NOT the time to be socially disconnected. This really can be a difficult time. Even though the rules have changed in California, UC Davis Health continues with our temporary visitor policy, which restricts visitors to reduce the number of people in our facilities.

The BurnNet Survivors have regular meetings to discuss issues and share questions and answers related to burn injuries and recovery. This is through **ZOOM** format thanks to the generosity of the Firefighters Burn Institute. Interested burn survivors, family members, caregivers, and significant others must pre-register to obtain access to the meeting.

Please register at <https://forms.gle/oj9HxyJ9zYrMEBJe9>

Walk & Talk Wednesday

April 20th @ 10am

Capitol Park- Corner of 15th and L (across from Cafeteria 15L)

Warmer weather is here, the sun is shining, and flowers are blooming. Grab your sunblock, sunglasses and join us for our monthly Walk & Talk. This group is to socialize and get to know the burn community. Bring your family and friends for donuts and coffee. Wear comfy clothes for an easy walk around the capitol. No sign up necessary.



April 2022

- **BurnNet Survivor meeting on April 7th from 7:00-8:30pm**
- **BurnNet Survivor meeting April 21st from 11:30am-12:30pm**
- **Walk & Talk Wednesday on April 15th at 10am**
- **Lunch bunch will be back May 12th with a Burn ICU physician who is also a burn survivor.**



Is Your Home Wildfire Ready?

- Prepare your home! Install dual-system smoke detectors on each level of your home
- Create a defensible space around your property
- Burn debris safely and limit the amount of flammable vegetation
- Remove dead plant and tree material from yard and perimeter of property
- Keep gutters, decks, and patios clear of debris
- Start, maintain, and extinguish campfires safely; never leave campfires unattended
- Utilize spark arresters for lawn mowers and power equipment
- Report down power lines
- Check local federal, state, and city regulations for the use of fireworks; consider safer alternatives
- Create an evacuation plan and home escape plan and practice them

UPCOMING EVENTS

Big Day of Giving

Thursday, May 6, 2021

This is a 24-hour giving challenge that helps affirm what we all know makes this the place we call home the best a community can be.

The Firefighters Burn Institute is excited to participate in this national giving day and we can't do it without you! With your help, we continue to offer programs including Firefighters Kids Camp for young burn survivors, Little Heroes Family Burn Camp, Youth Firesetter Intervention and burn recovery support. Your dollars also help educate burn care professionals and firefighters, purchase burn unit equipment and fund burn research.

Thank you in advance for your support. We could not do what we do without generous supporters like you! Please look out for more information on social media for ways to donate.