

Otolaryngology

Adult Telehealth Consultations

We offer telehealth consultations for a variety of adult otolaryngologic care, including otology, head and neck oncology, facial trauma, nasal and sinus problems, sleep apnea and laryngology.

Procedures Requiring Nasopharyngoscopy

Clinical Conditions

- Dysphagia
- Neck Mass (Adult-Scope)
- Otitis Media (*nasopharyngoscopy needed in those with no history of ear issues*)
- Hoarseness
- Odynophagia
- Nasal Obstruction
- Recurrent Epistaxis

Clinical Condition

- Allergies
- Recurrent Sinusitis
- Rhinitis
- Sinus Headache
- Sleep Apnea

Test Needed Prior to Consult

- RAST
- Limited Sinus CT
- RAST
- Limited Sinus CT
- Sleep Study

- Snoring (*sleep study if obstructive sleep apnea is a possible diagnosis*)

Procedures Requiring Otoscopy*

Clinical Condition

- Cholesteatoma
- Hearing Loss
- Perforation
- Recurrent Otitis Media
- Chronic Tonsillitis
- Recurrent Tonsillitis
- Halitosis

Test Needed Prior to Consult

- Audiogram
- Audiogram
- Audiogram
- Tympanogram

***Please have patient's ears cleaned up to 7 days prior to consult**

Information Needed Prior to Scheduling an Appointment

- [Telehealth Referral Request Form](#)
- Recent history and physical, and all applicable clinical information from the patient's chart, including tests as outlined above
- [Patient Questionnaire](#) (must be received one working day before the scheduled consult)

Information Needed Before the Consultation Begins

- Signed [UC Davis Health Acknowledgement of Receipt: Notice of Privacy Practices](#) form (new patients only)
- Documented verbal consent from the patient for participation in a telehealth consultation

Appointment Scheduling

Nasopharyngoscopy

New: 30 minutes
Follow-up: 20 minutes

Otoscopy

New: 20 minutes
Follow-up: 20 minutes

Level of Presenter

Required at Consultation

Primary care provider or nurse to perform otoscopy or endoscopy if needed

Required Equipment

- Videoconferencing Unit
- Video nasopharyngoscope and/or video otoscope with camera and light source
- Tongue blades (4% lidocaine)
- ¼ % solution neosynephrine

Consultants

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UC Davis Health Clinical Telehealth Program

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