

Tuesday, April 28, 2020

1. THE NEW MISSION BASED FACULTY DEVELOPMENT OFFERINGS ARE LIVE

The team of faculty and staff have been working really hard (and fast!) to complete a re-organization of Faculty Development in order provide mission-based modularized offerings beginning July 1, 2020. As part of the implementation plan we have developed a collection of new learning modules with the goals to: 1) assist us in our upcoming LCME accreditation, 2) address faculty needs and 3) better align with Institutional level priorities. The new programming is modeled on other successful Faculty Development programs around the country; we have been consulting with other university leaders with the goal of incorporating best practices from their programs. Executive coaching and internal AAMC type programming are also now available for faculty!

Effective July 1st faculty development will focus efforts on core areas including development for educators, researchers, and other general professional development offerings. This will allow us to address specific areas of deficit that have been identified by external reviewers and our faculty and students. A critical piece of our work is to standardize content in individual modules so they can be replicable and taught by multiple instructors. The expectation is that all instructors will undergo the same training to teach based on nationally recognized learning objective standards and we are working with Dr. Venugopal in CME to ensure that faculty can receive CME credit for taking some of the courses/modules. We also plan to offer multiple formats -increasing access for faculty and allowing us to increase the number of modules that can be delivered. Standardized curricula is an essential part of the plan to ensure uniformity of content, derived from learning objectives, which we can link to learning outcomes. An important piece in development is external program review and assessments.

As part of the reorganization of faculty development, we have restructured our resources to support new programming and will sunset the Mentoring Academy Program and some leadership development offerings effective June 30 2020. I appreciate your patience while we explore new ways to provide mentoring and training to our faculty.

<https://health.ucdavis.edu/facultydev/>

Please reach out with your thoughts and ideas - we are always excited to hear from you!

2. MENTORING TIPS IN THE TIME OF COVID-19

Mentoring needed now more than ever!

During the best of times the art of mentoring can be challenging. Whether it's helping a junior researcher apply for a first grant, guiding a clinician to independent practice, or advising a post-doctoral fellow on next steps, mentoring requires a wide and varied skill set. Mentors help mentees to align expectations, develop obtainable goals, sort out work-life integration issues and more. Mentoring increases mentee professional and personal satisfaction, lifts morale, diminishes stress and prevents burnout.

Now we are doing all of this, and more, as we face this global pandemic. Juggling more hats than we thought possible and meeting professional and personal demands with limited resources. It is important that we take time to think in different ways to support ourselves and our mentees. Check out these resources below for guidance on mentoring and resources for mentees to help navigate these difficult times.

Excellent article for research mentors, but really for everyone: "**Mentoring during the COVID-19 pandemic: Colleagues facing closed labs and enforced social distancing need a different type of support. Mentors must change their approach,**" <https://www.nature.com/articles/d41586-020-01028-x>

Wonderful tips for anyone in an educational setting and for general wellness – share with your mentees: **Advice for Faculty Members in a Turbulent Time** Mindi Thompson gives some practical advice to help you focus on your physical and mental health and wellness.

<https://www.insidehighered.com/advice/2020/03/19/how-faculty-members-can-best-cope-stresses-covid-19-opinion#.XozTS455wq8.email>

Brief blog post to help junior researchers in thinking about how to pivot during COVID-19 – share and discuss with your mentees: "**What to Do When Your Plans Get Thrown Out the Window**" <https://edgeforscholars.org/what-to-do-when-your-plans-get-thrown-out-the-window/>

Short blog post reviews mindfulness apps for academic health researchers "**Just Breathe: Mindfulness Apps in a Pressured Time**"

<https://edgeforscholars.org/just-breathe-mindfulness-apps-in-the-age-of-anxiety/>

And, why spending time in an uncrowded nature spot could be good for all of us. "**Nurtured by nature Psychological research is advancing our understanding**

of how time in nature can improve our mental health and sharpen our cognition” <https://www.apa.org/monitor/2020/04/nurtured-nature>

J. Faye Dixon, Ph.D., Julie Schweitzer, Ph.D. and Katren Tyler, M.D.

3. UC DAVIS HEALTH SYSTEM PARENT RESOURCE GROUP

Please invite your colleagues to join this group - it may be a very important gathering place these next few weeks!

https://www.facebook.com/groups/1654288561562890/?multi_permalinks=2602263293432074¬if_id=1584142727858865¬if_t=feedback_reaction_generic

Additionally, with the planned closures for multiple school districts and childcare centers in our area, we are aware that child care will be a major challenge for most families. We wanted to share with you the existing resources that are available to you:

The University of California Office of The President provides *Sittercity*, exclusively by Bright Horizons as part of Bright Horizons Care Advantage™, to help you find care. A \$140 value provided to most UC employees. Registration and eligibility information is available at [UCnet](#) using the [Care Advantage Tutorial](#)

<https://hr.ucdavis.edu/departments/worklife-wellness/children/care-advantage>

We know that many of you will be also turning to colleagues, family, friends and neighbors for assistance during this time of need and would like to thank you in advance for being engaged members of our community as we help each other during these most difficult times.

4. FACULTY DEVELOPMENT (FD)

Ever wonder what faculty development trainings and workshops are available?

Leadership That Works, Outside Activity Tracking System (OATS) training, You're the Boss: Managing Your Team, Wellnessa variety is available. We encourage you to peruse the FD [website calendar](#) periodically, you never know what may be applicable for you.

Find:

- workshops to enhance your skills under the **OUR OFFERINGS** tab or the **CALENDAR** tab
- The calendar view can be changed (detailed list, simple list, or month) to reflect how much information you would like to know about upcoming events and workshops

- the **PROGRAMS** tab to find information about specific programs like WIMHS, Mentoring Academy, ITSP, or Leadership Development Programs
 - the registration process is quick and simple
5. **NEW DATES! SUPPORTING EDUCATIONAL EXCELLENCE IN DIVERSITY (SEED) TRAINING**
- Tuesday, May 5, 2020 | 12:30 – 4:30pm
To automatically register yourself [CLICK HERE](#)
 - Tuesday, June 2, 2020 | 12:30 – 4:30pm
To automatically register yourself [CLICK HERE](#)

NEW FACULTY PARENT SUPPORT GROUP: DOING IT ALL WHEN YOUR CHILDREN ARE SMALL.

Please join us for a drop-in support group for faculty parents of babies, toddlers, and preschool age children. Come meet and connect with others to share ideas and strategies for engaging in research and writing while parenting a very young child or children. The bi-weekly group is convened by Diane L. Wolf, Professor of Sociology, a long-time Work-Life Advisor, and a certified post-partum doula. You can also Zoom in for as little or as long as you like.

Please see our dates and more information:

<https://academicaffairs.ucdavis.edu/faculty-support-group-new-parents>

Questions? Write to dlwolf@ucdavis.edu

6. FROM THE BLAISDELL MEDICAL LIBRARY!

As a faculty member at University of California, you've probably heard about UC's commitment to open access. UC libraries offer some guides to help you navigate open access and establish/maintain your author identity:

1. [Open Access at UC Davis](#) (guide to UC-wide and federal open access policies)
2. [Open Access Fund](#) (guide to funding for open access publications - article publication charges or APCs -meeting particular requirements)
3. UC Berkeley guide on [Measuring Research Impact](#), including ORCID IDs, other author identifiers, measuring impact, metrics and altmetrics
4. [Resources for Authors handout](#) (includes information about selection tools for article submission, citation management tools, research methods resources, and more).

[Blaisdell Medical Library](#) is located in the Education Building at the UC Davis Health Campus in Sacramento. We invite you to schedule an appointment with one of our librarians for a more personalized introduction: bmlref@ucdavis.edu .