

1 in 6 Californians experience a mental illness... 1 in 24 individuals experience a mental illness so serious it becomes difficult for them to function in daily life... Americans with serious mental illnesses have life expectancies 25 years shorter than the general population

"...my interest... [e]nsuring... they are talking to someone that speaks their language or have an interpreter... [I]f...referred to services, that the services they receive is from someone that understands the culture, the practices, the norms of the Filipino culture..."
-Solano Co. Staff



MHSA

Mental Health Services Act taxed 1% on personal income over \$1 million

Innovation funding

Solano County



Benicia
Dixon
Fairfield
Rio Vista
Suisun City
Vacaville
Vallejo

Interdisciplinary Collaboration and Cultural Transformation Model (ICCTM)

Contact us to learn more about reducing health disparities
phone: (916) 703-9211
email: crhd@ucdmc.ucdavis.edu
website: health.ucdavis.edu/crhd
2921 Stockton Blvd., Suite 1408
Sacramento, CA 95817



UC DAVIS
HEALTH

Center for Reducing Health Disparities

Kamusta

Hola

Hello



A collaboration with Filipino American, Latino and LGBTQ+ communities to increase access to mental health care and utilization of services

There are more than 400,000 residents in Solano County, an urban-rural area.



Filipino Americans make up 11% of Solano County but only used 3% of the mental health services



Latinos make up 25% of Solano County but only used 17% of the mental health services



LGBTQ+ individuals make up 3% of Solano County (no data were available on their use of mental health services when the project began)

Treatment Gap

While mental health access and service utilization disparities also exist for other racial/ethnic groups, in Solano County, they have historically been most severe for these three communities.

"Communities of color and LGBTQ communities have all the same difficulties as other mental health patients... in addition to all of the problems and issues faced by communities of color in every other way..."
- Consumer



1 Assessment

Comprehensive Cultural Needs Assessment

During the 1st and 2nd year of the project, staff collected stories, histories and strengths of the Filipino American, Latino and LGBTQ+ communities, Solano County, and Community-Based Organizations to inform Phase 2 and 3.

Culturally and Linguistically Appropriate Services (CLAS) Standards Training and Quality Improvement Plan Development

During the 2nd and 3rd year, a leadership and program development training centered around the CLAS Standards as well as the mental health needs in Solano County was administered.

Participants used this transformational knowledge to develop quality improvement plans with guidance from our coaches.

2 Intervention

Evaluation

Quadruple Aim

Throughout all five years, the project is evaluated on the joint quality improvement plans using a "Quadruple Aim" qualitative and quantitative approach that examines:

- 1) consumer experience
- 2) provider experience
- 3) health outcomes
- 4) cost effectiveness

"[Latinos] also need an environment with people that they can identify with...feel accepted...and that they won't be judged."
- Faith-based leader



202

People participated... Filipino American, Latino, & LGBTQ+ community members; Community-Based Organizations; Consumers Mental Health Providers; County Staff; & County Leaders



3 Implementation

Quality Improvement Plan Implementation

During the 4th and 5th year, the quality improvement plans were implemented by Solano County Behavioral Health Division, with guidance from the UC Davis Center for Reducing Health Disparities, as well as feedback from the community, to accomplish positive outcomes.

ICCTM

Intended Outcomes

- Improved health outcomes
- Better consumer experiences
- Enhanced provider experiences
- Improved cost effectiveness