

RAMADAN RESOURCE GUIDE

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SCHOLARLY RESOURCES

For one prominent Islamic philosopher's reflections on the purpose of the Muslim fast, see [this useful article](#).

For some of the basic ground rules on fasting, according to one influential school of thought, see [this useful document](#).

For a nice translation of the thought's of one of Islam's most famous theologians, al-Ghazālī, see [this piece](#).

MEDIA RESOURCES

For a demographic snapshot of the Bay Area Muslim community, see [here](#).

For a nice gallery of photographs of Ramadan celebrations around the globe, see [this useful piece by CNN](#).

For a useful blog post about one Muslim's reflections on the wisdom of Ramadan, see [this](#). There are so many such reflections on the web, a simple google search will reveal the diversity and richness of Muslim thought on this important practice. Another useful editorial published in Australia's major news source is [the following](#).

If you're more of a video person, see [this useful episode](#) of a journalist observing the fast with a Muslim family for 29 days. [Here's a great video](#) describing five typical Ramadan fast-breaking meals from around the world.

If you're looking for more information about Ramadan, and possible employee/student accommodations, here's [a brief presentation](#) from a local educational organization, ING.

Below is a fun infographic about accommodating students in Ramadan:

Accommodating Muslim Students During Ramadan

PRACTICAL TIPS FOR EDUCATORS



By Aya Khalil
Illustrated by Huda Fahmy

IF THEY DO FAST, PROVIDE A SAFE SPACE FOR THEM TO BE DURING LUNCH.



Happy Ramadan!

ACKNOWLEDGE THE MONTH OF RAMADAN IS COMING UP.

(TIP: MAKE SURE THE STUDENT(S) IN YOUR CLASS ARE ACTUALLY MUSLIM. DO NOT ASSUME THEY ARE B/C THEY'RE ARAB OR BROWN.)



LIBRARY



OFFICE



IF STUDENTS ARE YOUNG, REACH OUT TO PARENTS TO WISH THEM A HAPPY RAMADAN & SEE IF THEIR KIDS ARE PLANNING TO FAST.



CLASSROOM



HALLWAY



GYM CLASS WILL BE CHALLENGING. DON'T REQUIRE THEM TO RUN THE MILE IF THEY'RE FASTING.



DON'T

SAY THINGS LIKE

"WOW! THAT'S A LOT!"

"THAT MUST BE HARD"

DO

SAY THINGS LIKE

"I'M SURE YOU'RE EXCITED TO CELEBRATE RAMADAN!"

"WHAT ARE YOU EATING FOR IFTAR?"

LOW IMPACT PHYSICAL ACTIVITY IS GOOD.



KEEP IN MIND THAT OUTDOOR GYM IS EVEN MORE CHALLENGING. IT'S HOT. (REMEMBER: NOT EVEN WATER.)

STANDARDIZED TESTING AND TESTING IN GENERAL CAN BE CHALLENGING DURING RAMADAN.



TALK TO THE STUDENT AND SEE WHAT THEY'RE COMFORTABLE WITH.



YOU CAN TALK TO ME NOW, OR SPEAK TO ME IN PRIVATE.

WE'LL WORK SOMETHING OUT TOGETHER.

TRY TO ACCOMMODATE IF POSSIBLE. MAKE IT EARLY DURING THE DAY WHEN THEY'RE MORE ALERT / LESS LETHARGIC.

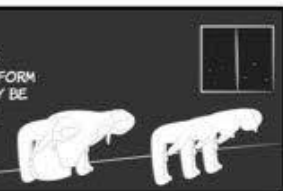


FOR VARIOUS REASONS, SOME MUSLIM STUDENTS WON'T FAST.

MISS! LOOK! SHE'S BEEN FAKIN THIS WHOLE TIME!



PLEASE BE UNDERSTANDING AND COMPASSIONATE. MANY MUSLIMS PERFORM NIGHTLY PRAYERS (TARAWEEH) & MAY BE SLEEPING LATER THAN USUAL.



DON'T ASK WHY.

THANK YOU TO ALL EDUCATORS WHO CONTINUE TO MAKE THEIR CLASSROOMS AN INCLUSIVE AND SAFE SPACE.



IT COULD BE DUE TO

HEALTH ISSUES



PERIOD/PREGNANCY



DISABILITY



HAPPY RAMADAN!

