

Caudal Nerve Block: After Care (Child)

What you need to know after your child has a caudal nerve block



A caudal block is given to help provide pain control for surgeries from the waist down.

Your child may have weakness of the hips, knees and ankles for a few hours.

Your child may lose control of their bowels and bladder for a short time after the procedure. If your child has not urinated (peed) within 6 hours after the block please call your child's surgeon.

Feeling will return before being able to move the legs.

Take precautions to prevent injury while waiting for feeling to return.

- Be sure the arm/leg is out of the way when closing doors.
- Be careful not to bump the arm/leg.

Keep legs away from heat, cold, or anything sharp.

It is best to keep child lying down flat until feeling returns, may turn side to side.

Start your child's pain medication when tingling is felt - this means the block is wearing off.

Be careful when your child sits or stands, they might faint for up to 2 hours after the block has worn off.

Call your child's surgeon at 916-7_____-_____, if normal feeling/movement does not return to your child's legs or if you notice redness, swelling, or increasing pain at the site where the block was given.