

APPOINTMENT INFORMATION SHEET

APPOINTMENT	PROVIDER/ DESCRIPTION	DATE/TIME	SPECIAL INSTRUCTIONS
Neurology	Laura Sperry, ANP-BC Neurology Nurse Practitioner DBS Informational Class Length: 1 hour		DBS Candidates must attend an informational class about DBS prior to surgery being scheduled.
Neurology	Laura Sperry, ANP-BC Neurology Nurse Practitioner Neuro Exam (videotaped "Off" and/or "On" testing) Length: 1-2 hours x 1-2 appointments	"Off" Testing: _____ "On" Testing: (if PD) _____	Seen in clinic when "off" and "on" movement disorder medications. Please follow instructions on appointment letter for discontinuing medications prior to "Off" Testing.
Neuropsychology	Dr. Sarah Farias, Dr. Michelle Chan Memory Testing and Depression Screening Length: 3-4 hours		Office will call you to schedule.
Neurosurgery	Dr. Kia Shahlaie, Neurosurgeon Dr. Fady Girgis, Neurosurgeon Claire Basco, MSN, FNP-C, CNRN Tram James, MSN, FNP-C Neurosurgery Nurse Practitioners Surgical Consult Length: 1 hour		Office will call you to schedule.
MRI Scan	U.C. Davis Health System Radiology		Please call Radiology at 916-734-0655 to schedule this appointment.
Neurosurgery Pre-op Evaluation (1)	Dr. Kia Shahlaie Dr. Fady Girgis Claire Basco, MSN, FNP-C, CNRN Tram James, MSN, FNP-C Length: 1 hour		Office will call you to schedule.
Anesthesia Clearance, if applicable	Physical/ECG/Bloodwork Dr. Huong Bach, Surgical Admissions Length: 1 hour		2-4 weeks before surgery. Neurosurgeon's office coordinates this appointment, if needed. NO ASPIRIN OR ASPIRIN-LIKE PRODUCTS FOR 2 WEEKS PRIOR TO ANY SURGERY.
MRI Scan-PRE-OP	U.C. Davis Health System Radiology		Usually performed several days prior to surgery to aid in surgical planning. Scheduled by Neurosurgeon's office.
Surgery 1- Electrode Placement	May require 1 night hospital stay. Some patients may have a bilateral surgery "staged" into 2 separate surgeries approx. 6-12 weeks apart.		<ul style="list-style-type: none"> Do not take Parkinson's or Essential tremor medications after 8pm the night before surgery Bring medications with you. Stop Azilect 14 days prior to surgery Discuss blood thinners with your provider as these often need to be stopped 2 weeks prior to surgery.

Neurosurgery – Post-op (1) and Pre-op (2) Evaluation (IPG), if needed	Suture Removal/Incision Check Dr. Kia Shahlaie Dr. Fady Girgis Claire Basco, MSN, FNP-C, CNRN Tram James, MSN, FNP-C Length: 1 hour		Office will call you to schedule approximately 7-10 days after surgery.
Surgery 2- Generator (IPG) Placement	Usually 1-2 weeks following electrode placement surgery This is an outpatient surgery.		<ul style="list-style-type: none"> • Take all Parkinson’s, tremor and dystonia medications the morning of surgery. • Follow instructions on discontinuing blood thinners prior to this surgery (same as electrode placement surgery)
Neurosurgery – Post-op (2) Evaluation	Suture Removal/Incision Check Dr. Kia Shahlaie Dr. Fady Girgis Claire Basco, MSN, FNP-C, CNRN Tram James, MSN, FNP-C Length: 1 hour		Neurosurgeon’s office will schedule approximately 7-10 days after surgery.
Neurology – Initial Programming	Laura Sperry, ANP-BC Length: 2 hours		<ul style="list-style-type: none"> • Initial programming will usually be approx. 4 weeks after electrode placement surgery. • Patients with Parkinson’s: Stop PD meds day of programming appointment. Bring your medications. • Patients with Dystonia/ Tremor: Follow normal medication dosage schedule (no need to stop meds)
Neurology – First follow-up DBS appointment	Reinforce home programmer use/ evaluate progress and address any side effects Laura Sperry, ANP or your Neurologist Length: 1 hour		<ul style="list-style-type: none"> • Follow-up programming appointments are usually 1-4 weeks later. • Will require several visits. • If you have Parkinson’s disease, come to appointment “OFF” medication until otherwise told. • Bring medication with you.
Neuropsychology	Dr. Sarah Farias, Dr. Michelle Chan Length: 3-4 hours Memory and Depression Testing		6+ month evaluation post-surgery, if applicable. Office will call you to schedule.

If you have non-urgent questions, please call the DBS Nurse Practitioner, Laura Sperry, at 916-734-6797.

Call the Clinic directly for any urgent concerns at 916-734-3588.